

Discovering the Many
Faces of Faith

SACRED SPACES GUIDE FOR GUESTS



Muslim Jumah Prayer

Friday, February 1, 12:00 p.m.- 2510 St. Matthias Street, Halifax

Female guests enter the mosque through a door across the green area leading to the prayer space dedicated for women. Male guests enter the facility through the door facing St. Matthias Street. Both male and female guests are encouraged to dress modestly. Female guests are also encouraged to bring headscarves. All guests are welcome to listen to the sermon and watch the congregants performing prayer. Chairs will be available.



Jewish Shabbat

Friday, February 1, 5:30 p.m. - 1981 Oxford Street, Halifax

Enter by the door on Pepperell Street. When we observe Shabbat, the Jewish Sabbath, we traditionally refrain from writing, using non-medical electronics (such as cell phones and cameras), smoking, and handling money, in and/or near our synagogue. We invite you to help us celebrate Shabbat by affirming the world in its natural state and warmly engaging with those around us.



Bahá'í Community Devotional

Saturday, February 2, 2:00 p.m. - Room 170, 5793 University Avenue, Halifax (Collaborative Health Education Building)

All are welcome to join the community for prayers, music, and devotions where creativity and spirituality meet. This will be followed by an informative video, question and answer period, and refreshments. Discover a unifying vision of the future of society offered by the Baha'i Faith towards world peace and of the nature and purpose of life to know God and attain His presence by walking a path of service. Come as you are.



Pagan Ritual Celebration of Imbolc

Saturday, February 2, 6:30 p.m. - 5500 Inglis Street, Halifax

There will be a welcome, introduction to our community and instructions regarding the ritual, followed directly by our celebration of Imbolc – the return of the light half of the year. Some chairs will be provided for those who cannot stand during ritual. There will be displays representing many of the traditions and a brief introduction before the ritual. Our community will wear festive and comfortable clothing and this can be as varied as our people. Please dress as you feel is appropriate. Please note that we do not allow any form of recording during ritual. Snacks and chat with the community will follow.



Fung Loy Kok Taoist Tai Chi® Arts (Taoist)

Sunday, February 3, 9:00 a.m. - 2029 North Park Street, Halifax

Our guests will be welcomed as they enter the front door of the Centre. The sessions for the morning will be held in the practice hall on the ground floor. We begin at 9 a.m. with Confucian chanting. Guests are very welcome to join in. Handbooks are provided. At 10 o'clock guests are encouraged to join us as we continue our practice in a Taoist Tai Chi® class. At 11:30 our guests are invited to share lunch with us. Lunch is prepared at the Centre by volunteers each Sunday and provides a time of conversation and fellowship.



Sikh Kirtan (Songs of Praise) and Langar (Communal Meal)

Sunday, February 3, 11:30 a.m. - 10 Parkhill Road, Jollimore (The Maritime Sikh Society)

Enter the prayer hall with bare feet and covered head. Please bring your own headscarf. Shoes and coats are left in the safe coatroom downstairs. In the prayer hall, everyone sits on the floor; some chairs are provided. Langar (communal food) is served to all those who attend the service. Food is vegetarian and prepared fresh in the morning. Langar is an important part of the Sunday service. It provides social time and sense of sharing and seva. All sit on the floor for Langar.

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Brahma Kumaris Guided Meditation

Monday, February 4, 7:00 p.m. - #1 Cedarbrae Lane (between Bayview and Dunbrack on Lacewood)

Open to all. Remove shoes at front door; maintain silence while entering meditation hall. A brief introduction to meditation and the core understandings will be given, followed by a guided meditation experience, chai, and chat.



Indigenous Talking Circle

Tuesday, February 5, 2:00 p.m. - Mi'kmaw Native Friendship Centre, 2158 Gottingen Street

Talking Circle led by Deborah Eisan. Within the context of Interfaith Harmony Week, the purpose of the Circle is to explore how we can re-establish the relationship between indigenous and non-indigenous people, and restore it to harmony. The Circle will be conducted in a sacred way with a smudging and with respect for all traditions gathered in that Circle. As you come in the front door, take the stairs upstairs.



Taste of Shambhala

Wednesday, February 6, 6:00 p.m. - Shambhala Centre, 1084 Tower Road, Halifax

Taste of Shambhala is a weekly Open House. Following a hearty soup and social time, there is an introduction to Mindfulness meditation, plus open conversation. All are welcome.



Universalist Unitarian Service

Thursday, February 7, 7:00 p.m. - 5500 Inglis Street, Halifax

There will be a special brief service at 7:00 p.m. to give an introduction to our faith tradition, followed by a discussion. Coffee, tea, and snacks will be served.



Christian Worship at St. George's Greek Orthodox Church

Sunday, February 10, 10:00 a.m. - 38 Purcell's Cove Road

Divine Liturgy begins slightly after 10 a.m., preceded by Matins at 8:50 a.m. As you enter the church narthex, there are candles to be purchased and lighted if you wish to offer a prayer. Dress appropriately; head coverings are not required. Ushers will advise guests where to sit. Follow the example of others by standing, sitting, or kneeling. The congregation stands often during the service, but remaining seated is permissible if necessary. Do not partake of Holy Communion; however, sacred bread will be offered to guests and others by the priest at the end of the Liturgy. Incense is burned during the liturgy. Photography is permitted only after the service. A fellowship hour follows. Copies of the Liturgy in Greek and English are available.



Hindu Puja (Ritual Worship)

Sunday, February 10, 11:00 a.m. - 6421 Cork Street (just off Oxford Street, Halifax)

Visitors remove footwear and wash their hands on the first floor, and then go to the main temple on the second floor. After puja (ritual worship), the meal follows on the first level.



Interfaith Celebration

Sunday, February 10, 2:00 p.m. to 4 p.m. - Paul O'Regan Hall in the Halifax Central Library.

Co-sponsored by the Halifax Central Library, this is a time of music, prayers, dancing, and displays from diverse traditions and paths.