

Exploring Similarities
 Celebrating Diversity

SACRED SPACES GUIDE FOR GUESTS



Fung Loy Kok Taoist Tai Chi® Arts (Taoist)
Sunday, January 28, 9:00 a.m. - 2029 North Park Street, Halifax

Our guests will be welcomed as they enter the front door of the Centre. The sessions for the morning will be held in the practice hall on the ground floor. We begin at 9 a.m. with Confucian chanting. Guests are very welcome to join in. Handbooks are provided. At 10 o'clock guests are encouraged to join us as we continue our practice in a Taoist Tai Chi® class. At 11:30 our guests are invited to share lunch with us. Lunch is prepared at the Centre by volunteers each Sunday and provides a time of conversation and fellowship.



Sikh Kirtan (Songs of Praise to God) and Langar (Communal Meal)
Sunday, January 28, 11:30 a.m. - 10 Parkhill Rd., Jollimore (The Maritime Sikh Society)

Enter the prayer hall with bare feet and covered head. Please bring your own headscarf. Shoes and coats are left in the safe coatroom downstairs. In the prayer hall, everyone sits on the floor; some chairs are provided. Langar (communal food) is served upstairs after the service to all those who attend the service. Food is vegetarian and prepared fresh in the morning by volunteers. Langar is an important part of the service. It provides social time and sense of sharing and seva. All sit on the floor for Langar.



Unitarian Universalist Service
Thursday, February 1, 7:00 p.m. - 5500 Inglis Street, Halifax

There will be a special brief service at 7:00 p.m. to give an introduction to our faith tradition, followed by a discussion. Coffee, tea, and snacks will be served.



Muslim Jummah Prayer
Friday, February 2, 12:00 p.m. - 2510 St. Matthias Street, Halifax

Female guests enter the mosque through a door across the green area leading to the prayer space dedicated for women. Male guests enter the facility through the door facing St. Matthias Street. Both male and female guests are encouraged to dress modestly. Female guests are also encouraged to bring headscarves. All guests are welcome to listen to the sermon and watch the congregants performing prayer. Chairs will be available.



Jewish Shabbat
Friday, February 2, 5:30 p.m. - 1981 Oxford Street, Halifax

Enter by the door on Pepperell Street. When we observe Shabbat, the Jewish Sabbath, we traditionally refrain from writing, using non-medical electronics (such as cell phones and cameras), smoking, and handling money, in and/or near our synagogue. We invite you to help us celebrate Shabbat by affirming the world in its natural state and warmly engaging with those around us.



Baha'i Community Devotional
Saturday, February 3, 2:00 pm, 5793 University Avenue, Halifax (CHEB), Room C170,

All are invited to join the community for prayers, music and devotions where creativity and spirituality meet. Followed by an informative video, question and answer period and refreshments. Discover a unifying vision of the future of society offered by the Baha'i Faith towards world peace and of the nature and purpose of life to know God and attain His presence by walking a path of service. All Welcome.



Pagan Ritual Celebration of Imbolc
Saturday, February 3, 6:30 p.m. - 5500 Inglis Street, Halifax

The United Pagan Collective is honoured to be hosting this year's Imbolc Ritual, which will be in a Wiccan format, celebrating the return of the light half of the year. Some chairs will be provided for those who cannot stand during ritual. There will be displays representing many of the traditions and a brief introduction before the ritual. Our community will wear festive and comfortable clothing and this can be as varied as our people. Please dress as you feel is appropriate. Please note that we do not allow any form of recording during ritual. Snacks and chat with the community will follow.



Christian Worship at the Lutheran Church of the Resurrection
Sunday, February 4, 10:00 a.m. - Corner of Windsor and Allan Streets, Halifax

Enter at the Allan Street entrance where there is also an accessible entrance for those with mobility concerns. You are welcome to wear regular everyday clothes. There will be a printed service guide to help you through the service. All are welcome to take part in Holy Communion. Visitors are not expected to make offerings. A fellowship hour for refreshments and conversation follows the one-hour-fifteen-minute service. Washrooms are located directly ahead as you enter the Allan Street entrance.



Religious Society of Friends (Quakers) Meeting for Worship
Sunday, February 4, 10:30 a.m. - 660 Francklyn Street, Halifax

A brief introduction to the Quaker religion will be followed by a Meeting for Worship. Guests are invited to participate as we sit in a circle in silence, listening to the voice of the Spirit. One or another Friend or guest may be moved to speak, perhaps on a spiritual subject, perhaps about a moving experience she or he may have had. We leave a space of silence between spoken ministry to allow the group to absorb the testimony. The Meeting closes with an elder taking the hands of his or her neighbours as we form a circle holding hands. A social time follows with light refreshments, friendly conversation, and questions.



Hindu Puja (Ritual Worship)
Sunday, February 4, 11:50 a.m. - 6421 Cork St., Halifax (off Oxford Street)

Visitors remove footwear and wash their hands on the first floor, and then go to the main temple on the second floor. After puja (ritual worship), the meal follows on the first level.



Interfaith Celebration
**Sunday, February 4, 7:00 p.m. - 5440 Spring Garden Rd.,
 (Paul O'Regan Hall, Halifax Central Library)**

Music, prayers, dancing, and displays from diverse traditions and paths, along with socializing and refreshments.



Brahma Kumaris Guided Meditation
Monday, February 5, 7:00 p.m. - #1 Cedarbrae Lane, Halifax

Open to all. Remove shoes at front door; maintain silence while entering meditation hall. A brief introduction to meditation and the core understandings will be given, followed by a guided meditation experience. chai, and chat.



Indigenous Talking Circle on Reconciliation
Tuesday, February 6, 2:00 p.m. - 2158 Gottingen St., (Mi'kmaw Native Friendship Centre)

Talking Circle led by Elder Billy Lewis. Within the context of Interfaith Harmony Week, the purpose of the Circle is to explore how we can re-establish the relationship between indigenous and non-indigenous people, and restore it to harmony. The Circle will be conducted in a sacred way with a smudging and with respect for all traditions gathered in that Circle.



Taste of Shambhala: Open House Soup, Social, and Mindfulness Meditation
Wednesday February 7, 6:00 p.m. - 1084 Tower Road, Halifax

Taste of Shambhala is the weekly Open House. Follow hearty soup and social time, with an introduction to Mindfulness meditation, plus open conversation about this increasingly respected practice and tradition. All welcome.